**Patient information**

**Hysteroscopy/versascopy**

**(Internal uterus examination/treatment)**

Hysteroscopy/versascopy is a simple examination that can reveal valuable information about medical conditions inside the uterus or the cervix (‘*opening of the uterus*’). E.g. polyps, fibroids, malformations, adhesions, and other changes in the uterine lining. Changes can be removed via the instrument.

**Preliminary examination**You will have an appointment at the gynaecological outpatient clinic, where a gynaecological examination will be performed.

If you are taking medication, it is important that you bring a list of medication(s) to the preliminary examination.

 **The examination***Hysteroscopy:*

Normally we recommend preparation of the cervix with a tablet of 200 µg Cytotec, which you insert into the vagina the evening before the procedure. The tablets may cause period-like pains and nausea, thus we recommend taking orally Diclofenac 50 mg and Paracetamol 1 gr at the same time of the insertion of the Cytotec.

If you are in the menopause, you must also use local vaginal oestrogen for 14 days prior to the examination.

The procedure is performed in general anaesthesia or with a local anaesthetic, depending on the type of problem and condition. You may leave the hospital after a few hours.

*Versascopy*

You do not need any pre-medication for this examination, nor any anaesthesia, since the instruments are thin. You can also return home straight after the examination.

**If you have on-going menstruation/periods, the examination should take place right after the end of your menstruation. Please contact the patient-coordinator if you need to reschedule your appointment.**

**Complications**Very rarely the instrument may pass through the wall of the uterus and into the abdominal cavity. Then admittance to hospital for observation may be necessary.

An infection in the womb can arise.

**After the procedure**After the procedure, you may go back to work, since there are few physical restrictions. If necessary you may use your own self-certification/’personal days’.

Normally, you will experience some sort of subsiding bleedings and period-like discomfort. Avoid bathing, tampons, and intercourse until the bleeding has stopped.

**Test results**Tissue that has been removed will be sent for analysis. The results are sent to the referring doctor. If agreed upon in advance, you will be contacted when the results are available.

**Norwegian Gynaecological Endoscopy Register**

Your operation qualifies for registration in the Norwegian Gynaecological Endoscopy Register. For information on your rights and how to prevent registration visit [**www.siv.no/nger**](http://www.siv.no/nger).

**Patient coordinator**Please contact on phone **51 51 87 77.** The line is open on weekdays until 15:00.

**DK (Day surgery dept.) Hillevåg**
Please contact on phone **51 51 44 99**. Open until 18:00 on weekdays. For inquiries after 17:00 or at weekends, please contact the gynaecological ward 4AC on phone **51 51 87 77.**

**Welcome to the dept. of Obstetrics and Gynaecology**

Stavanger university Hospital

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[Siter kilden din her.]

Dept. of Obstetrics and Gynecology

SUS, May 2022
[www.sus.no/kvinneklinkken](http://www.sus.no/kvinneklinkken)