

# Going home from the Paediatric and Adolescent Department

## Monitor symptoms and follow the hospital's advice

If your child still has a fever or other symptoms after returning home, we recommend that you monitor their temperature, general condition, and any signs of abnormal breathing. It is important that your child drinks enough fluids.

If hospital staff have given you specific instructions on how to care for your child at home, please follow these. This also applies to any infection prevention or isolation advice.

## If your child's condition worsens

If your child's condition worsens **within 24 hours** of going home, please contact the Paediatric Emergency Department or the ward where your child was treated. **If you need urgent medical help, call 113.**

If you need medical advice at a later stage, please contact your general practitioner or call the emergency room at 116 117 for advice.

## To be completed by the hospital:

- ☐ No further follow-up required
- ☐ **Blood tests** to be checked by the GP in approximately \_\_\_\_\_ days
- ☐ Follow-up appointment with the GP in approximately \_\_\_\_\_ days
- ☐ Follow-up at the paediatric outpatient clinic. Date: \_\_\_\_\_ Time: \_\_\_\_\_
- ☐ Follow-up on the Paediatric and Adolescent Ward. Date: \_\_\_\_\_ Time: \_\_\_\_\_
- ☐ Other: \_\_\_\_\_

## Apply for carers' benefits

If needed, parents or carers may apply for carers' benefits via nav.no. A discharge summary and medical certificate will be available at helsenorge.no and can be used to support your application.

## Further information

Useful health information is available at **www.helsenorge.no** and on the hospital's website, **sus.no**.

Scan the QR code or go to **sus.no/barnogunge** (information in Norwegian):

